

# GOPIKA VISWANATH

Social Worker



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Date of Birth: 2001-04-08  
Marital status: Single  
Citizenship: Indian

## Career Objective

A dedicated social worker with specialization in medical and psychiatry, inspired by a strong passion for encouraging change and overall well-being of vulnerable populations, promote social justice, and advocate for positive change. I am eager to learn and grow within a dynamic and collaborative team, while making a meaningful impact in the lives of those I serve.

## Professional Skills

- Negotiation
- Critical Thinking
- Communication
- Time Management
- Leadership
- Team Building

## Education

2021-2023  
University of Calicut  
Master of Social Work  
St. Thomas College (Autonomous), Thrissur, Kerala

2018 - 2021  
University of Calicut  
Bachelor of Social Work  
St. Mary's College Thrissur, Kerala

## Research

2023  
Interpersonal Support and Resilience among Transgenders

2021  
Socioeconomic Condition of Street Vendors in Thrissur Corporation

## Internship/ Fieldwork Experience

2021-2023  
Schizophrenia Research Foundation (SCARF India)  
Chennai, Tamilnadu  
Daya General Hospital, Thrissur, Kerala  
Kusumagiri Mental Health Center, Kakkanad, Ernakulam, Kerala  
Women and Child Development Department (ICDS), Thrissur, Kerala  
Kuriakose Elias Service Society, Thrissur, Kerala

2018 - 2021  
Parwas Foundation, Malappuram, Kerala  
Adat Gramapanchayath, Thrissur, Kerala

- 2018-2023
- Student Coordinator of Women's Day observation 2022 organised by Dept. of Social Work, St. Thomas College (Autonomous), Thrissur, Kerala in association with Kuriakose Elias Service Society.
  - Coordinated Children's Summer Camp "Varnakoottu" organised by Dept. of Social Work, St. Thomas College (Autonomous) Thrissur and Ollukara Additional ICDS, Thrissur Corporation, Kerala.
  - Student Coordinator of Study Tour of MSW 2021-23 Batch at St. Thomas College (Autonomous), Thrissur, Kerala.

- Volunteered for the Survey of "Annual Status of Education Report (ASER 2022)" undertaken by Dept. of Social Work, St Thomas College (Autonomous), Thrissur in collaboration with Pratham NGO.
- Volunteered "Pelecanus 2022", organised by Jubilee Mission Medical College & Research Institute and Smile Train, India.
- Volunteered "International Childhood Cancer Day Public Awareness" activity organised by Hope Cancer Care Foundation.
- Volunteered flood relief activity undertaken by Dept. of Social Work, St. Mary's College, Thrissur in association with Kerala Flood Relief and Cleaning Mission 2018.

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- 3 year teaching experience (2018-21)- Vidhya Tusion centre, Kechery, Kerala.

## Achievements

2023 Presented Paper on "Special NHG & Economic Freedom of Transgenders" in National Social Work Conference and Students Meet, EMSOWO 2023- Emerging Social Workers, Sree Sankaracharya University of Sanskrit, Kalady, Kerala.

## Seminars/ Workshops Participated

National Seminars • "National Social Work Conference and Students Meet, EMSOWO 2023- Emerging Social Workers" organised by Sree Sankaracharya University of Sanskrit, Kalady, Kerala.

- Zravas 2023- "Disaster Resilience, National Conference and Students Meet" organised by Christ School of Social Work, Christ College (Autonomous), Irinjalakuda, Kerala in collaboration with UNICEF.
- "Social Inclusion and Exclusion with special reference to the Children with Learning Disability" organised by St. Mary's College, Thrissur, Kerala (2019).

### Workshops

- "Introspection": Skill Enhancement Training for Professional Social Workers organised by Atma My Mind My Care, Thrissur, Kerala.
- Street Theatre organized by St. Thomas College (Autonomous), Thrissur, Kerala.
- Participatory Rural Appraisal organized by St. Thomas College (Autonomous), Thrissur, Kerala.
- Research Methodology and Statistical Package for the Social Sciences (SPSS) organised by Nethaji Memorial Arts and Science College, Palakkad, Kerala.

## Reference

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## Declaration

I hereby declare that the information stated above is true to the best of my knowledge and belief.  
Gopika Viswanath