

# SIDHARTHAN. S

'Janayithri', TC 10/558(3),  
Abhaya Nagar – 29,  
Peroorkada P.O,  
Thiruvananthapuram, Kerala – 695005.  
**Mobile:** +91 9446684745, +8848988955  
**Email:** [sidharthanjanayithri@gmail.com](mailto:sidharthanjanayithri@gmail.com)



## Career Objective

I am enthusiastic in proving my prolific talents and skills and to be a trustworthy professional by giving out the best.

## Educational Profile –

- **Master of Social Work (MSW)** with Community Development as specialisation from Amrita Vishwa Vidyapeetham, Coimbatore Campus, Tamil Nadu (2016-18).
- **Diploma in Interior and Exterior Designing** from CGI Institute of Information Technology, Trivandrum, certificate by Board of Examination of INDO-US IT Education (2016).
- **Bachelor of Arts (BA) in English Language and Literature** from Kerala University (2013-16).
- **Diploma in Computer Application (DCA)** from Kerala State Electronics Development Corporation Ltd. (KELTRON) (2014).
- **Higher Secondary Certification** from P S Natarajapilla Memmorial Govt. Higher Secondary School, Trivandrum, Kerala (2010-12).
- **Secondary School Leaving Certificate** from St. Joseph's Higher Secondary School, Trivandrum, Kerala (2010).

## Internships and Field Work Experiences –

- **Kerala Social Security Mission – Trivandrum** – Volunteer – 8 months – Working in several projects – Vayomithram, We-Care, SID, Aashwasakiranam etc.
- **CORD – Chinmaya Organisation for Rural Development – Coimbatore** – Field work for 1 month – Worked for the upliftment of the rural community.
- **RCC – Regional Cancer Centre – Trivandrum** – Intern for 1 month – Learnt about different kinds of cancer and worked in paediatric ward, palliative care section, etc.
- **Jan Shikshan Sansthan – Palakkad** – Worked as Social Worker cum Facilitator for 1 month in organising and evaluating various skill trainings for illiterate and poor women in the District.

- **Devashrayam Charitable Society** – Palakkad – 1 month Worked as a Social worker, Psychiatric Counsellor and a Trainer for mentally disabled.
- Practiced **Case work and Group work with women group in Muruganpathy Tribal Hamlet** – for 15 days – in Coimbatore District, Tamilnadu.
- **Abhaya – Trivandrum** – Intern for 1 week – Worked as a Social Worker and a Psychiatric Counsellor.
- **Gangothri Charitable Cultural and Educational Trust – Palakkad** – 5 days – Conducted **Participatory Rural Appraisal (PRA) and Focused Group Discussions** - Tribal Hamlets in Parambikulam and Nenmara, Palakkad District, Kerala.
- **Peace Festival 2016 – Coimbatore** – Volunteered on 6<sup>th</sup> August 2016.

### **Dissertations –**

- ❖ Submitted a thesis on **“TERRACE FARMING AND GROW BAG CULTIVATION: AN INITIATIVE FOR PEOPLE’S EMPOWERMENT”** in the academic year 2018.

### **Trainings and Programmes –**

- **NURTURING GLOBAL MENTAL HEALTH – A PARADIGM SHIFT – An International Conference conducted by University of Buffalo, USA & Amrita Vishwa Vidyapeetham, Coimbatore.**
- **HUMAN TRAFFICKING: IMPACT ON WOMEN AND CHILDREN – A one day national seminar conducted by Streechetana, Kozhikode in association with National Commission for Women, Government of India.**
- **NSS NATIONAL INTEGRATION CAMP – 2011 –The National Integration camp organised by NSS Regional Centre, Trivandrum at Wayanad district, Kerala under the Ministry of Youth Affairs and Sports.**
- **RURAL CAMP “DAKSHA’17” – One week rural camp in Anamalai, Pollachi District, Tamilnadu.**
- **LIVE IN LABS PROGRAMME – 12 days residential training programme regarding water filter survey, study and deployment under Amrita Centre for International Programme for ‘Jeevamritam’ National Project.**

### **Skills & Traits –**

- **Knowledge of handling mentally disabled and Cancer patients**
- **Resource person for**
  - Awareness on Need of Primary Education/Education, Waste management, Effects of Open Defecation, Hand Wash Technique and Seed Ball Making
- **Rapport Building**
  - Good in building professional network
  - Good in maintaining professional relationships
- **Communication**
  - Fluent in English language
  - Writing and verbal skills

- **Empathy**
  - Good in understanding people
  - Knowledge of better interventions
- **Exceptional Professional Boundary Setting**
  - Quickly and effectively establish a boundary in a concise and professional manner
- **Documentation**
  - Taking important notes
  - Recording data
  - Expert in computerised and written documentation

### Technical Experience –

- Windows Operating System – all versions
- Survey, Questionnaire through Android platforms
- MS Office Tool Package
- Adobe Photoshop
- Photography (DSLR) & Video Recording

### Core Strengths –

- Ability to build good rapport and professional relationships.
- Ability to conduct group and individual sessions.
- Ability in organising, mobilizing and coordinating.
- Ability in facing challenges.

### Various Achievements –

- Secured **Second Rank in the examinations conducted at the Coimbatore Campus level for Master of Social Work programme** during 2016 – 2018.
- Secured **Third place in 1 year examinations conducted for Master of Social Work programme** held during the academic year 2016 – 2017.
- **Rapporteur** in NURTURING GLOBAL MENTAL HEALTH – A PARADIGM SHIFT, the international conference conducted by University of Buffalo, USA & Amrita Vishwa Vidyapeetham, Coimbatore.
- **Rapporteur** in HUMAN TRAFFICKING: IMPACT ON WOMEN AND CHILDREN, the one day national seminar conducted by Streechetana, Kozhikode in association with National Commission for Women, Government of India.
- **Conducted Socio-economic survey and PRA** in Tribal Hamlets in Parambikulam, Chittur and Alathur Taluks in Palakkad district in association with Gongothroi Charitable Cultural & Educational Trust, Palakkad.
- **Organised awareness programmes** on waste management, effects of open defecation, hand wash technique and seed ball making in Periya Ramasamy Gounder Middle School (Aided), Coimbatore.
- **Documented** 7 days rural camp during 2017 – 2018 academic year.
- **Organised Mimes** in Coimbatore and Palakkad Railway Stations on Mental Health.
- **Organised Street play** on 'Joy of Giving' in the college.

- **Organised Rally and Mime** on 'Road Safety and Accident Reduction' in the college.
- **Organised and Managed Events** related to the National Tech-fest of Amrita Vishwa Vidyapeetham – 'Anokha 2018'
- Achieved **Chief Minister's Scholarship** (for NCC Cadets) for merit in the year 2009 – 2010.
- National Cadet Corps (**NCC**) '**A**' **Certificate** holder.

### Areas of Interest –

- Rural Development Sector
- Urban Development Sector
- Corporate Social Responsibility
- Women Self Help Groups
- Child Rights and Child Protection
- Counselling and Rehabilitation
- Forestry and Environmental protection
- Public Relations
- Projects and Research

### Personal Details –

- Father : K Sreekumar (Retired (State) Government Servant)
- Mother : G V Sreelathakumari (Homemaker)
- D.O.B : 17<sup>th</sup> November 1994
- Gender : Male
- Marital Status : Single
- Birth Place : Trivandrum, Kerala.
- Nationality : Indian
- Languages Known : Malayalam, English, Tamil and Hindi

### Interests –

- Writing
- Listening Music
- Singing Songs
- Pencil Sketching
- Watching Movies
- Travelling

### Reference Contacts –

- **Dr. M. K. Suja**  
Associate Prof. & Chairperson  
Department of Social Work  
Amrita Vishwa Vidyapeetham,  
Ettimadai, Coimbatore – 641112  
+91 94430 73944  
[mk\\_suja@cb.amrita.edu](mailto:mk_suja@cb.amrita.edu)

➤ **Dr. M Nagalingam**  
Assistant Professor  
Department of Social Work  
Indira Gandhi National Tribal University (IGNTU)  
Lalpur, Amarkantak, Anuppur District  
Madhya Pradesh – 484887  
+91 9894524322  
[m.nagalingam@igntu.ac.in](mailto:m.nagalingam@igntu.ac.in)  
[nagamsw3@gmail.com](mailto:nagamsw3@gmail.com)

➤ **Mr. S Kanagaraj**  
Faculty, Department of Social Work  
Amrita Vishwa Vidyapeetham,  
Ettimadai, Coimbatore – 641112  
+91 9943703604  
[s\\_kanagaraj@cb.amrita.edu](mailto:s_kanagaraj@cb.amrita.edu)

### **Social Media Profiles –**

- <https://www.linkedin.com/in/sidharthan-sreekumar-b22642132/> - LinkedIn
- <https://www.facebook.com/sidharthan.sreekumar> - Facebook
- <https://twitter.com/sidharthanbavas> - Twitter